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SENIOR SERVICES:

Internet Resources:

- **Administration on Aging**
 - <http://www.aoa.dhhs.gov>
- **Alzheimer's Disease Education & Referral Center**
 - <http://www.alzheimers.org>
(800) 438-4380
- **Assisted Living Federation of America**
 - <http://www.alfa.org>
(703) 691-8100
- **Benefits Check Up**
 - <http://www.benefitscheckup.org>
Find benefits and programs.
- **Caregiver Magazine**
 - <http://www.caregiver.com>
(954) 893-0550
- **Caregiving On-line**
 - <http://www.caregiving.com>
Resources for caregivers.
(847) 823-0639
- **Careguide**
 - <http://www.careguide.com>
Resource of national care solutions.
(954) 796-3727
- **Oregon Department of Human Services (DHS)**
 - <http://www.oregon.gov/DHS>
- **Eldercare Locator**
 - <http://www.eldercare.gov>
To find community help.
(800) 677-1116
- **Elder Web**
 - <http://www.elderweb.com>
Links to health, financing and housing sources.
- **National Adult Day Services Association**
 - <http://www.nadsa.org>
- **National Alliance for Caregiving**
 - <http://www.caregiving.org>
Supports caregivers.
- **National Council on the Aging**
 - <http://www.ncoa.org>
(202) 479-1200
- **National Resource Center on Supportive Housing and Home Modification**

<http://www.homemods.org>

● **National Stroke Association**

<http://www.stroke.org>

(202) 479-1200